	Α	В	С	D	E
1	tetrahedron	Destroyer			Most Powerful Killer on the Planet. This is the demolition shape. It tears down, destroys, eliminates, rips, annihilates [exterminator, wipes out, eradicator, annihilator, dissipater, break up, break down, cut up, chainsaws, tear, shatter, expel, eradicate]. Breaks down the disease or condition in the body. Its weight is distributed so that it moves end-over-end, tearing holes, ripping etheric, ectoplasmic, and subtle energies apart; preventing a quantum or endomorphic field from existing. Tetrahedra are found in many shapes. It causes destructiveness to clear a path for the plan, whatever the plan is. It is the ultimate killer.
2	Truncated tetrahedron	Emery Board			If you have emery boards, the larger one with the rough edges that takes big chunks is the tetrahedron. The smaller one is the truncated tetrahedron. It files and eats away the remaining pieces of whatever nonvitalizing force there is in the body. Good for diseases like leukemia and candida - any diseases where small pieces and distinct parts are all over the body. It polishes and rinses rough edges in the endomorphic, ectomorphic, and quantum fields. Has more of a rubbing than an abrasive action. The truncated tetrahedron softens for interaction and provides for isolated unity. Truncated tetrahedrals have discernment to know what can help you. Something that is truncated in structure is truncated in function, therefore softer. Use for anything that needs polishing. For business, use under 100,000 in multiple colors. This shape is excellent for a person who is "rough around the edges," and for people who are hard to deal with. It is also excellent for leadership and clarity. This shape creates boundaries and walls.
3	octahemioctahedron	Enemy Supply Line (little ego)		•	Pulls the physical and spiritual reasons and balances together, creating centrifugal force away from the diseased area. This shape takes spiritual reasons to the physical and physical reasons to the spiritual. Works on "little ego" – when your ego is not involved, but you really want something. Selfish appropriation of power to augment the plan. If you want to heal something with this shape, it will take energy away from other places to do it. For example, if you want to heal cancer, this shape may take energy from the nails to heal it, and the nails will crumble. It destroys the enemy by destroying their supply line. The shape's "scoopy" faces collects non-vital energies. It is a "pooper scooper", takes unwanted stuff away. You want non-vital energies that don't serve you taken away. example: no money to pay bills, relationship keeps you back).
4	tetrahemihexahedron	Smoter		4	Suffocators [Smother, stifle, asphyxiate, choke, extinguish, strangle]. "Smoters". This shape knocks energy out of place. Feeds on the unused negative or positive energies in matter. This shape deals with energy that is impersonal and carries out instructions. Limited perspective. Good traveler. The tetrahemihexihedron is the best healer for colds, as it acts as a homeopathic remedy and knocks out phlegm. The color you use depends on the type of cold you're healing. This shape gets rid of pus, wax, vaginal yeast, and fungus. Follow up the "big guns" – the more powerful healing shapes – with the tetrahemihexahedron for cleanup. This shape works better on bacteria than on viruses or parasites.
5	octahedron	As Above, So Below (clarifier, discernment)			As above, so below – if you are in alignment, brings Spirit into alignment. Refinement of Spirit – Refinement of Earth. Clarifiers [Cleanses, filters, refines, polishes, purifies, elucidates, discerns, throws light on]. The octahedron combines the spiritual and the physical together. Brings the spiritual and material together in the heart, focusing on a single point both in the spiritual high planes and the middle earth planes, and gathering all information that will be needed and discarded before completion. Sometimes they eliminate – not by going through the elimination process, but by choosing higher energies. Therefore, eliminates conflict by choosing Higher energies. This is a great manifestation and goal shape.
6	cube	Anchor (stabilizer)			Stabilizers. [Solidifies, establishes, immobilizes, unchangeableness]. Cubes block in energy. Anything inside a cube does not get interrupted. A cube contains and confines, limits and restricts. It can control emotions and energies. It keeps things in; it keeps things out. It can be negative or positive according to your intention. Anchors in the energy. Sequential activity leading to stable results. After a big healing, this shape solidifies the whole previous string of geometries used in the healing. You want to put it in to keep the healing stable. The cube is a Platonic solid. It provides a solid and well-balanced perspective.
7	cuboctahedron	(stabilize and unite)			Stabilizes and unites. Stabilizes [Solidity, establishment, unchangeableness, immobility] polarities and brings them together. Use the cuboctahedron when counts are too low or too high in any disease (e.g., cholesterol, when all white blood cells or red blood cells are being used up because they're fighting the disease so hard). Good for cash when accounts are low. The cuboctahedron provides crystallization of form into the material plane. It unites. It creates well regulated action leading to stable forms. It is a good government starter and good for Boards of Directors to start something. It brings things all together. The cuboctahedron is also good for going through red tape. This shape works between space and the earth and weaves forms of energies together. It makes way for high standards and refined technique. Use the cuboctahedron in arguments to balance out the energies. This shape is great to counterbalance confusion and negativity.

	A	В	С	D	E
8	truncated octahedron	Nursing Shape Intuitive 2x4			The "Nursing Shape" (in the context of caretaker; not for nursing from breasts). Allows a rest [repose] or hiatus [interval, gap, and interruption] for energies to regroup them. The truncated octahedron exercises well-informed caution. It waits for a quick way around. Allows time for strategies to be developed. Waits for clear lines of thoughts. Holds the chain of command. This is a great shape to put in a grid for your goals. This shape is great for politics – just before a political election. (use a balance color to the politician). The truncated octahedron allows a rest while still keeping the energies active. When used in prayer, you may get your answer later. This shape is also good for physical therapy and for chronic fatigue. Works good with internal injuries (carpal tunnel syndrome, sprains). An "Intuitive 2 x 4", the truncated octahedron wakes people up to be in agreement with their plans.
9	truncated cube	(stability in integration)		•	Allows stabilization [Solidity, establishment, immobility, unchangeableness,] in the midst of the integration [synthesis, blending, uniting] process. Boxes in and integrates at the same time. Make medicines and supplements. (example: high blood pressure medications and supplements that work with the body.) Because of integrating (triangular) face, it helps to integrate the medicines and supplements. Gathers information before integration. The truncated cube is not a great healer in and of itself. It is a great shape to use in everything that leads up to the healing process. A great shape for a place to start. The truncated cube doubles the increase in energy - more than the cube, and is more flexible than the cube. Like a period, the truncated cube ends sentences. After doing a healing grid, stabilize it with a truncated cube. It is good for inflammatory and aggressive cancers. It can also be used with transplants (used in sequence, not used alone).
10	rhombicuboctahedron	First to Get it			Pulls [magnetizes, attracts, draws] in other systems to be stabilized [Solidity, establishment, immobility, unchangeableness,] in the process. Creates an orientation between energies. Starts cohesive measures. Intensely magnetic. Has enough of the big picture so others will follow it. The rhombicuboctahedron will bring in help from other parts of the energy system. Use for new pain to redirect pain. (i.e. if you hit your elbow "funny bone"). Works to redirect pain within 10 minutes. This shape is not a healer. It directs the flow back to the appropriate path. It is the "Hostess," and pulls in other stuff. Takes care of solid things, takes charge out of solid things. Communicator. If someone is numb or in denial, they have to come out of that state, first, before they can move on. For people who are "numb", use the rhombicuboctahedron in colors 1-38 (red through yellow green). It returns the electromagnetic charge to the body. In colors 92-104 (blue violet through dark violet) this shape is excellent for denial.
11	truncated Cuboctahedron	(relationships)			Creates boundaries and walls within a certain area between spirit and earth. Defines types of energies flowing through a different area. Linking all. Masterful coordination of diverse energies. Great capacity for synthesis. This shape is good for craziness, nerves, and leadership. It pulls together everything, getting it all working at once. The truncated cuboctahedron reorders, links, and coordinates. Diplomatic. Cocreation shape. This shape is excellent for relationships with business partners, close friends, guests, and associates, but not for relationships with significant others (romantic relationships). It is a good community shape. Great for diplomacy, the truncated cuboctahedron, when used with people you dislike, will make you tolerate them more. Enhances leadership. Good for tolerance, and to say things nicely when need to say frankly. Excellent for vision, mastery and spirituality. The azure truncated cuboctahedron is the basic friendship shape.
12	snub cube	(walk the talk)		0	Activates the stability [Solidity, establishment, immobility, and unchangeableness]. Brings in the spiritualization of matter. Rounds out all points of view. Simplifies stability. The snub cube works like a yeast, making things fuller. It also creates follow through of your intention. If you have been trying to create something, such as writing a book, this shape will make you follow through and actually do it. It also makes you "do as you say", "walk the talk" and keep your spiritual commitments. The polite shape. Good for growing or raising action. If you are doing right things for wrong reasons, it will change the reason. If you are doing wrong things for right reasons, it will change the things. If you have organization but no action, it will increase action. If you have no organization, but have action, it will increase organization. The snub cube in the goldenrods will help you to do things you "haven't gotten around to doing."
13	small cubicuboctahedron	Catcher			Catcher. Gathers disoriented, random, and undefined pieces of energy and brings them together. Works both ways – takes poisons to lymph, and takes nutrients to the cells. Gathers random energies. Used when you have something or some energies "bugging" you. Use to get rid of bugs, insects. Also good for food poisoning. It acts as an air filter and heals small non-serious things. It is a non-serious surface perfecter. Good for hair and nails. It is a good shape to put in the polisher lane. To add nutrients to brain cells use 100,000 green cubicuboctahedra. To add nutrients to blood cells use red cubicuboctahedra.
14	great Cubicuboctahedron	Gear / Detergent			Gear. Great jump-starter and restarter. This shape either moves the vibration up one level or down one level; very rarely does it move the vibration up.It does NOT work in twos; it either moves it down one level or three levels. It is similar to a detergent that does a lot of things but doesn't do any one thing well. It is an attuner, a destroyer, and an organizer at the same time, without being powerful at doing any of them. It moves the emotional and spiritual energies out, but it doesn't clean you fully. Good for negative motions. It does great on the other levels, but physically does not cleanse. The great cubicuboctahedron takes the charge off of things. This shape is not a healer. Good for someone who needs exercise or to diet. This shape is good to use when people are really stuck in their belief systems (e.g., stuck on one religion and believe it is the only way - whose beliefs cause lots of resistance and rebellion). The alice blue great cubicuboctahedron moves the strength of your anger down 1 or 3 levels.

	A	В	С	D	E
15	cubohemioctahedron	Cheerleader			Lays foundations for new growth. Props up, supports ongoing healing. One side is flat, allows for stabilization. Good support role. Especially powerful in turquoises and greens. Holds space for luminous knowledge. Facilitates adaptability. Lets all energies survive. It is brilliant, wise and is good for developing leadership skills. Works well with almost anything. Doesn't kill anything. Gentle. It works best when used in the non-material planes (emotional, spiritual); do not use in physical plane situations. It can have negative effects when used for too long a time. The cubohemioctahedron is not a healer. Use after a major healing. This shape is more used for spirituality, wisdom, luminosity, and enlightenment. Brings in the Light. It brings in spiritual power and lays a new path. Spiritual architect in Path lane. Use this shape in navajo white for dealing with energetic overwhelm.
16	cubitruncated Cuboctahedron	Pressure Cooker			Pressure creator, pressure stabilizer, and pressure releaser. It allows pressure to run up the sides and release without losing the endomorphic, ectomorphic, or quantum field. Well developed network to distribute pressure and stress. The cubitruncated cuboctahedron is good for multitasking, and for people who only work well under pressure. It considers the consequences. It works well with the types of stress that create ulcers and back problems, and not for the type of stress that creates headaches. Also good for healing guilt, shame, denial, and victim patterns. Shows you your stuff. Use for any misery, lust, belief systems, continual habitual patterns. Provides energy in decision making. Get 8 hours of work done in 6 hours.
17	great Rhombicuboctahedron	The Initiator			Active "tool box". Takes into account and uses [employs, applies, utilizes, puts in motion, sets to work, brings into play, makes the most of] ALL available [usable] energies "tools"). This shape notices all nooks and crannies; it can bring things together from all of those places. The great rhombicuboctahedron has an all-inclusive style, a very broad view. It helps the overcoming of all divisions. The great rhombicuboctahedron has the power to initiate great projects. It is a job coordinator – it brings everything together. It can turn some types of negativity into positive energies. Don't use too much of it. All level healer. The wheat great rhombicuboctahedron brings in a grounded perception of spirituality.
18	small Rhombihexahedron	Bank	(**	A bank. Banks nutrients and positive and assorted energies for later use. Generates identification of energies. Great breadth of dynamism. Emphasis on the vital. Extremely accurate appraisal of what will be needed. Stores building tools and processes. Psychic and doesn't know it and won't admit it. This is the shape of a seminar leader. The small rhombihexadron is good in any grid to provide extra vital energy - extra connections to Source. It is awesome for storing nutrients and positive energies. It is good in every healing, as it gives extra energies and nutrients to the healing. This is a good shape to use in the Food column of the 144-shape grid. The small rhombihexadron also stores chi/prana in the body. The best place to use is under your arms. Pick your own color for your own life.
19	stellated truncated Hexahedron	Antenna		₩	Antennae system that reaches through other organs and through large muscles to communicate between like cells. Considers all energies in the big picture. Gathers data for the integration process. Alive to all forms. Appreciation for divine proportion. Communicates gratitude. Lets you know when the energy has shifted. Conducts energy. Helps you get the big picture. Too many stellated truncated hexahedra will make you a control freak. Just enough of this shape makes a leader. Over half a million stellated truncated hexahedra in the body will produce a rigid, catatonic state. (all stellated shapes will do this). The stellated truncated hexahedron could send a false message forward; it does not distinguish between true or false messages.
20	great truncated Cuboctahedron	Comfort Shape			The "comfort shape". Good for inside your home. This shape creates a "homey" type of energy and makes guests comfortable. Use for people who have a hard time being comfortable or at ease. Sprinkle great truncated cuboctahedra on anything you're not comfortable with (e.g., clothing, dentures, shoes, your own body, etc.) Fine-tunes the genetic characteristics with the soul template. Provides Synthesis. Fine tuning to other energies. Pliability. Flexibility. Power to perfect form. Attention to finer details. Manages resonance. This shape is great for the soul. Use the great truncated cuboctahedron to be a leader or a master, and to run great quantities of light. Always use the great truncated cuboctahedron in your grids for yourself, to heal your DNA and genetic line. Must be used in all genetic, hereditary grids for others. When making grids, put this shape in the grid to make you comfortable with making the grid and using the grid.
21	great Rhombihexahedron	l Can (Wrong Reality)			Fine-tunes the emotional energies in the bodies so that healing can take place. Especially good when dealing with people with whom you haven't figured out the original cause, or who have several original causes. (E.g., Even if you haven't dealt with all of your sexual abuse, you can heal it and deal with parts of it later; or, sexual abuse causes ovarian cancer – you can heal the ovarian cancer and deal with the abuse later.) Phenomenon shape. Smooze shape. Fire shape as it moves like fire. Excellent for using with big victims. Gives them a double miracle. This is a very important fine-tuner and a big fill-in shape. Nothing's impossible. Helps you believe in miracles and take ownership in miracles. This is a great shape for replication, levitation, divination, duplication, teleportation, walking on fire, and walking on water – to show the people that they can do it. Use this shape in colors 122-126 (brown through sandy brown) to ground and to speed up your work and for the healing of wrong reality.

	A	В	С	D	E
22	icosahedron	(expander)			Expanders [increase, extend, enlarge, augment, spread, inflate, widen, magnify, exaggerate,]. Icosahedra expand consciousness, information, and the area of healing or attention. Amplifiers [enlarge, swell, magnify, increase, expand]. Creates more reasonable choices. Comes gently to the point. Multiplies the function. Extends options. Enhances any creation. Gives you more. This shape goes beyond your sphere of knowledge. When you want to know the future of something or see what the long-term results will be, use this shape. Expanding your circle beyond just those areas you are interested in. This is a Platonic Solid; it provides a perspective which reaches out to new energies. Use this shape in almost every grid. The icosahedron has two stars for vision, so use it in teal to see the Big Picture.
23	dodecahedron	(provides choices)			Gives you enough information from various directions. Allows you to see the 12 aspects of things. Provides 12 choices, and at the same time limits you to 12 choices—good for when someone has so many choices they can't make a decision to make decisions. Integral Energy. Osmosis. Raises you above the chakras, so you can see better. Gives perspective that allows gathering of energy. Done gently and easily. This gives you enough information from the many different aspects to enable you to make a wise decision. Use this shape when you want to look at something. This is a Platonic Solid; it provides a perspective which reaches out to new energies. It is good to use this shape in just about any grid. Use in blue for calming. Use in gold for powerful intellect. Use orange to bring in cash. Use pearlescent to help in the birthing process. Use turquoise to obtain a clear space.
24	icosidodecahedron	Enrollment			Provides multi-level growth. Provides [furnishes, supplies, equips] diversity [difference, dissimilarity, variety] in the vitalization. You can either stretch [extend, lengthen, spread, expand, sprawl] or analyze [break down, investigate, study]. The icosadodecahedron lets you stretch and grow, and the dodecahedron shows you the aspects (logic). Brings together new growth with a secular understanding of the energies. Provides multi-level growth. The icosidodecahedron is a good healer. It gives you new territory while you are looking at all aspects of it. Stretch and analyze. Brings in Light. When you put this shape on someone's body, you will get more information on the original cause, and what area really needs need to be worked on. When used in a healing grid, it can lead to original cause of disease or energy.
25	truncated Icosahedron	Drill Sergeant			Keeps the pressure on. Provides [furnishes, supplies, equips] internal stimulation [excitement, exhilaration, invigoration]. Orders the progress of the process. Determines the amount of stretching and growing that is feasible. Strong sense of purpose. Power to initiate. Power to liberate. Large mindedness. Good in Agent column in 144-grid. This is the "Drill Sergeant" shape. It whips sabotage out. It is a worker not a healer. Good for addictions, sabotages, control issues. Orders progress of the process. Use the Indian Red and peach truncated icosahedron to kick someone in the butt and have them like it (it looks like a soccer ball). Use during competition. To put emphasis on your words and tell everyone you mean what you say, use the moccasin and blue truncated icosahedron. (People usually accept that you mean what you are saying).
26	truncated dodecahedron	(addiction, sabotage)		0	Communicator, integration, connector. Provides [furnishes, supplies, equips] communication [intercourse] between limitations and boundaries [limits, borders, confines]. Incorporates outside energies and opinions. Very small triangles (20) to help you integrate. Very good with vitamins and minerals, chemotherapy, and people who have support groups. This shape is lost when the person has a healing and then goes home to unsupportive people – therefore, it is not so effective to use in a healing grid. It is to be used in a goal grid, not a healing grid. This shape is very powerful for addictions and sabotage. It can be used for anyone going through a 12-step program. It is also good for people who panic, and for people who have reactions in the body. This shape "brings you back" to sobriety, to your family, when you are disconnected from you body, etc. Good for "rustle butt" room full of people who don't want to be in crowd, helps you stay in body.
27	rhombicosidodecahedron	Energy Booster			Gives you extra energy. Pulls [magnetizes, attracts, draws] in similar or additional energies and information to the process. Teaches you the rules of your game – the energetic and genetic. Tells you what your "bottom line" is. Capacity for abstract planning. Power to recognize and use energies within the plan. Contractor shape. Not the best shape for cash grids. This shape is an energy booster. When you feel like you cannot go any farther, this shape takes energy from the aura to help you get through the day. People who use this shape get energy from the material plane. They recognize how to pull energy out of things. For example, people who have clothes that get worn out quickly are using this shape. The places where people have holes in their clothing is where energy is short-circuited in the body; it is also where spooks get in and out. Really intense, just like "pigpen" on peanuts. Use this shape when you need extra endurance to keep going — use only 2 of these.
28	truncated icosidodecahedron	(b.s. Buzzer)		0	Creates the boundaries between reality and illusion and between life force and vitality. Excellent when dealing with people who give their life force to their job, when all they need to be doing is giving their job their vitality. This shape is good for workaholics. Also very powerful for people whose energy gets drained by others. Creates harmony out of conflict. The truncated icosidodecahedron is a healer. Helps with enlightenment; use with people making decisions about who will get the promotion or award. The truncated icosidodecahedron is a B.S. buzzer. It shows you the "vacuum cleaners" a.k.a. "energy vampires (people who suck energy from you). Put this shape around a person who is telling you a "tall tale", and you will see through it. You don't need to bust them, the stories are there for themselves, they'll get a lesson from Spirit. Also put this shape around pathological liars, and those whose lies you see through, who don't know they are lying. These people give their life force to their story.

	A	В	С	D	E
29	snub dodecahedron	(a-ha #2)			Wake up to your own healing process. Makes all aspects of healing rise [appear, spring from]. Brings unobvious choices to the surface to stimulate [excitement, exhilaration, invigoration] the process; turns facts into knowledge. Accents your learning into knowledge. It makes you have experiences and lessons – the lessons will be gentle, like yeast. (makes things rise). Power to understand and explain complexly woven patterns and trends. Great power in subtle maneuvering of energy. The snub dodecahedron is a double strength healer. It gives the person processes that are unobvious for their healing (i.e. do journaling, get a cat, stand on your head, etc.) Gentle healer, rises slowly. It is good for teaching a healing workshop. You can teach and heal at the same time so the students get the original cause of disease. Good for leadership capacity. The spring green snub dodecahedron gives a person an "Aha!" – clarity and insight.
30	small ditrigonal icosidodecahedron	Unconditional Love			Shows you your energies on all levels. Power to define. Detached objectivity. Technical expertise. Common sense and the rejection of none-sense. The none-sense goes into the holes. Cuts away the BS. Mastery of factual detail. Keen and focused wisdom yielding to the power "to know". Changes your mental approach to yourself. This is a shape of unconditional love. It is also a great shape for psychic erasers; since it shows you energy on all levels, it erases what is not factual. Helps you get to the truth. This shape rids you of worry, guilt and shame. Provides both flow and stability. Has water and earth combined. This is good to use in every grid. A gold or blue is excellent for psychic readers. The blanched almond balances who you are. With this shape you will tell people what they need to hear, regardless of what they think of you.
31	small icosicosidodecahedron	New Paths			Creates new pathways to hidden parts of the organ or self. Power to define new paths. Efficient. Orderly. Mechanical ability. Technical expertise. Precision in actions. Controls matter and form. This shape is for mastery, it is not a healer. It is a contractor and rebuilder. Works through the ethers. It works well in the second half of the grid. Builds a new. The trenches in this shape move masses of energies. Whenever you want to be better, bigger, stronger, more together, move better in a different job, use this shape. Moves through red tape. Good to get rid of pain. Use color for the organ you are dealing with. Works well with your contractor colors. Map maker, shows you paths inside yourself. Use in cyan for inner truth, purple for inner wisdom.
32	small snub icosicosidodecahedron	The Leader			Gives rise to comparison between old blueprints and new blueprints. That is, the blueprint your soul came in with compared to how your blueprint is today. Power to coordinate groups. Power to create thought forms. Lucidity of explanations. The discrimination between truth and error. Practical comparisons. Renders energies distinct. Highly developed powers of discrimination. This shape is good for power and discipline and communicating. It creates power and force. It directs energy and helps make the big plan clear as the big plan changes. Use when you want to know what's going on. Use in lots of grids.
33	small dodecicosidodecahedron	Consumer / Pac-man			Pac-man. Consumes toxins, poisons, excess, dead cells. Eats away at rigidity and perversion. Seems to poison bad calls and judgments. Tunes out negative instructions. Pulls out the vague. Halts excessive thinking. Eases absent-mindedness. Stops carelessness and points out untruths. Helps you release your "stuff", doesn't have to be physical. The small dodecicosidodecahedron is a heavy-duty healer. It works well in public situations. (not at parties or family get togethers). Use this shape for healing impacted wisdom teeth, root canals, gangrene, infections, anal-retentive behavior. Use this shape for people who cannot make a decision. It takes away the vague energies and gives self confidence. This is a great shape to have in shades of yellow for excessive thinking. For the "absent-minded professor" types, use black or white, or shades of orange.
34	small stellated dodecahedron	The Collector (step between levels)			The "Collector" shape grabs the tetrahedrons. Step between levels. Great combination shape. Switches [shifts] or changes [alters, diversifies, transforms, transfigures metamorphosis, transmutes, varies, veers] from one group of concepts to the next group of concepts. Sometimes they represent growth [development, increase, evolution, maturity], sometimes regression [retrocession, retrogression, retroaction, retreat, withdrawal, reversion, return, backsliding, fall, deterioration, rebound, backslide, falling back]. It could mean you're bringing more enlightenment into the body. It is the step between the levels; the level could be getting better or worse. Collects unused sacred geometries and misused thoughtforms. This shape collects tetrahedrons and sacred unused geometries and thought forms that cause AIDS and some cancers and diseases that eat away parts of the body. Use it before the healing portion of the grid. Then do the healing and it makes the cancer and AIDS go into remission. Discernment is necessary.
35	great Dodecahedron	Dolphin Energy (consciousness)			Combines [unites, unifies, synthesizes, incorporates, merges, amalgamates, compounds, fuses, consolidates, intermingles, coalesces] consciousnesses – your consciousness with the consciousness of women, with the consciousness of the earth consciousness, with the consciousness of universal consciousness. In certain ways, great dodecahedra are connections to Akashic records and connections to the planetary consciousness. Dolphin energy has a wave that we can't measure that goes out gradually. Aligns most energies with the big picture. This shape works with the spiritual, mental and emotional consciousnesses. Heals with love. Use this shape in community grids, world peace grid, God-form grids. It reaches off the planet. It sends the grid to cosmic consciousness. Put in grids for yourself to communicate your intention to the cosmic consciousness. Good for self-realization. This is a good shape to throw in just about anywhere. A communication shape and works very well in the deep blues.

	A	В	С	D	E
36	dodecadodecahedron	Decision Maker			Gathers energy from vital parts and distributes it to parts that need vitality. Takes a position that enhances value. Accurate arrangement. Responsive to order and design. Understanding of the Divine Design. Cleans up messes. Releases stress and removal of pain. Removes inertia. Internal housekeeper. This shape is a decision maker; it tells the energies what to do like a director or foreman. Many people with chronic diseases have this shape; because they are enduring illness, so they can get energy. Peoples appetite shuts down when they have chronic disease, this shape provides necessary energy needed. Works better in long spurts. This shape is good to use when you have many clients in a row and have no time to eat or go to the bathroom. Have long days without breaks. This shape will run and connect you to Source power. The distributes energy; it is not a transformer. It is an enduring shape. This is a magical shape. Use when physical plane things don't work. Use when you need a leading edge. Use when you believe or the client believes there is "not enough to go around."
37	truncated great dodecahedron	Cookie Cutter		*	R & D (Research and Development) shape. Creates spaces for new or different energies to gather. Brings it up to a new level, usually positive or vitalizing energies. Holds the space for lots of different energies to react together. Looks for the best way possible to do it and implements it. Creates well organized energies. Takes a small pattern into a larger pattern. This shape adds power. It is a big "do-er." Points of star cut off, leading to additional 5 stars facing out, allows for expansion of energies. Use at beginning of a grid. Gets things done. If you are having trouble writing a book, or if you have trouble cleaning your house or space, use this shape. The more you clean up your space, the more you clean up your emotional body. Prosperity grid to increase what you already have. Each thought is an agreement. This shape helps you keep your internal agreements with yourself.
38	rhombidodecadodecahedron	Voltage Transformer			Voltage transformer. Separates electric and magnetic energies, and combines electric and magnetic energies in appropriate forms. Works with elemental forces. Employs spirit guides and angels in the process. Pulls in the energies that transform ideas into manifestations. Causes bifocal seeing of the energetic and the physical. Good for opening psychic vision. A transformation shape. This shape is always there when doing DI. Combine with #19 to see devas. Use to increase ability to see auras. Put 24 or more of this shape in the grid. This shape is excellent for instilling discipline and creating motivation and generosity. Throw in randomly anywhere in grid to have action and to create action and reaction. Gets you to act verses react.
39	small rhombidodecahedron	An Answer			The small rhombidodecahedron can be called "an answer." When you are really stumped use this shape like you would a professor for information about issues, food, etc. Use it when your intuition is at a loss. Use it like you would a professor. It works with the X-factors (things humankind and mankind do not know) and harmonizes and addresses them. Devas and dimensions. When unable to pinpoint a cause or a point, use this shape. Could be called Magic Harmonizer; this shape harmonizes the body like an orchestra. Harmonizes like a symphony. It is often an X-factor when you are confused about a client and say, "Something's not right here." Use this shape if you're really confused about what the energy really is. Use the pearlescent, white, or antique white rhombidodecahedron to find the cause or find the answer or X-factor present, to see what it is.
40	snub dodecadodecahedron	Interior Decorator			The "Interior Decorator". Likes everybody (bad boys and good girls). This shape enhances the trace energies to complete the plan. Gives fashion and distinction. Orders flavors and superfluous design. Gives texture. Makes energies and manifestation appealing and agreeable. This shape gives light to anybody – vampire in grocery line, sick animals, etc. (i.e., needy people without discernment). When you become a superior healer and teacher, Source wants you to give light to anybody. Very good for healing. "If it looks good on the inside, it feels good on the inside." As you think you're better, you are, as you think you are, you become.
41	ditrigonal dodecadodecahedron	Healing Teacher			The "Healing Teacher." This shape heals and teaches you how to be (not how to do). It combines aspects of the body, mind, and spirit and brings universal aspects together. The ditrigonal dodecadodecahedron focuses well-regulated spiritual living. It promotes team spirit and chooses enlightened team concepts. Shows keys to spiritual accomplishment. Gives mastery to the key of diplomacy. This is a great shape for the ropes course. This is also a great shape to use in the anchors and target of a grid.
42	great ditrigonal dodecicosidodecahedron	The Nile			Fine-tunes the body, mind, and spirit energies as they appear and are in the body. E.g., You may think you're not sick, but your body may know you're sick. It takes care of the sickness, even though your conscious and subconscious minds don't think you're sick. Also great for hypochondriacs (if you think you're dying and you're not). The great ditrigonal dodecicosidodecahedron is a healer. It is excellent for victims, and people who are in denial. Shows your true spiritual or emotional level. Shows true strength or essence. If you don't know your true level of spiritual assets, this shape will help find that awareness. The Soul lets the mind know where you really are. Lets the soul speak clearly to the mind about definition. Denial = Don't Ever Notice that I Am Lying

	Α	В	С	D	E
43	small ditrigonal dodecicosidodecahedron	(thought forms)			This shape does a lot. It releases thoughtforms that have materialized or crystallized in the body, along with the crystallization or materialization of that thoughtform. [A thoughtform starts out in the aura and ends up as disease in the body. Thoughtforms can be released and brought back again. It is anything that is deeply entrenched.] The small ditrigonal dodecicosidodecaderdon releases "triggers," stops fear reactions, and lets go of distortions. It dumps obsessive-compulsive energies and discards cravings. Deep trenches get rid of materialized thoughtforms. This is a great shape to use when someone has crazy ideas in their head. Use for sexual perversion and grandiose thoughts. This shape is great for healing any addictions. (Ex., cravings, smoking, weight issues). Heals emotional habits and patterns are released. This shape heals anything that is deeply entrenched into you, or if you made choices by default (e.g., you choose a certain religion without looking at the other alternatives, just because your parents were that religion).
44	icosidodecadodecahedron	A-Ha! / Mastery			Shows us the levels and layers of energies, their patterns, strengths, and weaknesses. "Like a geologist, it just keeps digging, and digging, and digging" Gives accuracy and delineation. Shows the scope of things. Directs the picture of the modes of progression. The icosidodecadodecahedron has important methods for linking information. It holds space for organization and re-organization. As you change you have to keep organized because your vibration changes. Organization and reorganization. This shape holds space for organization. This is also a diagnostic shape. It works well with past lives, and with linking that information to this life. Assertive, aggressive, big bump, big picture, an "a-ha" shape. This shape shows you the big picture right away as it links information to each other. This is not a healing shape; it is a power shape. Very powerful. Has a double star in mastery, helps you master anything. Use navajo white particularly for mastery in anything, including self-mastery. The goldenrod colors also help you get an a-ha!
45	icositruncated dodecadodecahedron	Goals			This is the shape for goals. It puts commitment into the process. It determines the degree of activity and the precision of activity and adds movement to the activity. The icositruncated dodecadodecahedron shows the amount of strength to the plan, activates intention, and spurs your goals. It gives meaningfulness to energy and thoughts. Once you have a vision or a plan, the icositruncated dodecadodecahedron gets you there. (Example: "make product, time, money, teachers work for me this year.") This is a mastership shape. Goal = "go-all". You can get there if you do it in appropriate steps. (Example: work smarter not harder). Goals*** Commitment**
46	snub icosi dodecadodecahedron	Ballerina			Brings the energies of the virtues into the body to be used as a healing tool. Shows selflessness and altruism. Makes energies well-grounded and anchored. Creates stability through leadership. It has rhythmic movement, works with little or no friction, and brings grace to the forefront. This shape shows appreciation and gratitude through the actions. A healer. It prontes virtues and heals shame. Shame exists when people don't think they have any virtues. The "ballerina" shape; double star on grace. Shows you the Seven Virtues (charity, faith, fortitude, hope, justice, prudence, temperance). Makes energy blow like a dance. Emanates and creates grace. If you know you are uncomfortable in a situation, this is a great shape to use. E.g., use for debates, clashes, fights, arguments; anytime you are highly agitated/upset going into a situation.
47	great ditrigonal icosidodecahedron	Light Police			Synthesizes most of the views or readings of the energies in the body. Emphasis on vibration. Notifies the authorities. Creates receptors to new plans. Dissipates spontaneous energies to needed areas. Makes peace treaties. Collects the votes. Shows accountability for energies. Mediator. The great ditrigonal icosidodecahedron can be called the "Light Police." It polices where light goes and where it doesn't go; it lets you know when your light isn't being used appropriately. Works with levels of mastery and brilliance rather than healing. Light is supplied by awareness, lightness, and your being. Energy is supplied by air, water, food, etc. This is also the United Nations shape. This shape is also good for vampires, and for psychic or intuitives to use.
48	great icosicosidodecahedron	Tuning fork (Sonar)			This is a sonar polyhedron that receives messages across the organs and tissues. Has a great concern for rhythm. Doing one thing at a time. Sequential. Savvy. Is constantly qualifying. Loses gullibility. Determines shape and size of energies. Like a tuning fork. It tunes vibrations for metabolic and hormonal processes. Heals vibration that in turn heals metabolic process that in turn heals hormonal process. This is an excellent shape for people with control issues. Good for picking up lies. This is a good shape to use with any chronic disease, so the other organs know what to do. It is good for digestive, nervous and endocrine systems. Tells what parts get what energies. Use for people who are faking being sick. Good teacher's aid. This shape is good to use during the question and answers part of a class to discern the information that they really want. Great for feedback time, not for instruction time. Not good for sharing lots of information in a workshop. Use to discern the difference between what people say and what they mean.
49	small icosihemidodecahedron	The Container			This shape gathers positive vital energies and material for storage. The deep scoops bring this in. It creates pliability. The small icosihemidodecahedron is responsive to charges and extremely responsive to needs. It ignores wants and takes in the plan. This shape establishes self-reliance and honors distinction. It is an organized procurer – it gathers things in an organized sense. Shifts through illusion. Knows wants and responds to needs. Quality control. A healer, worker, and motivator. This is a great shape for teenagers with peer pressure. It is also a great shape for codependency and addictions (also shape #43). It gathers and stores. Very loyal to the Soul, good for bringing out Soul contracts. How spiritual we can be, how financially well off you can be. Once you complete a Soul contract, then you can change it.

	Α	В	С	D	E
50	small dodecicosahedron	Traffic Cop			This shape traps tetrahedra, thereby lowering the level of destruction and tearing. Used in the healing of AIDS, this shape stops destruction and slows down energies of havoc. Meshes with tetrahedrons and collects them. You can also use it with a partial icosahedron to soak up the energies of the tetrahedra. The small dodecicosahedron embraces the destroyer, enfolds the disruption, and honors appropriate movement. It clears the biofield of destroyers. It is a traffic cop. This shape is a triple healer. "Wow healer". It is used in every color possible in cases of AIDS, anthrax, Ebola, and other fatal diseases. Use with prisms for the healing of other new mammade diseases. Use it for genome diseases and research, and for chemical/biological warfare agents. Also good for depression, in almost any color except the colors in the 84-91 range.
51	small dodecahemidodecahedron	Paralyzer / Stun Gun			Virus King slayer. This shape paralyzes viruses. It manipulates the virus so that the virus cannot feed itself and starves to death so it passes through the body. (like Beck's machine). Good for AIDS. It contributes to maintaining a stable environment and is highly responsive to new activities. This shape uses qualifiers (anything that can pick and choose between things; i.e., what can and can't stay in the body). Knows the enemies. Knows that cancer is an enemy, does not know that alcohol is addictive. It knows what does not belong in the body when dis-ease is present. Very important healer (double star healer). This shape is a good warrior. It does what needs to be done in the body. It is a good general/president. It is good in companies of people and groups of people. Keeps environment stable, promotes whatever needs to be done.
52	great stellated dodecahedron	Mexican Mama / Justice	**	*	This shape fine-tunes by trapping, poking, and getting rid of bacteria. Bacteria slayer/paralyzer. It likes to be dramatic. Aggressive by need, the great stellated dodecahedron activates the survival mechanism. Seeks justice for trespassers and boundary breakers. Bacteria is like a criminal, rides in on other things (like foods). Understands the criminal mentality. Good one for prisoners, legal binds. The great stellated dodecahedron is highly motivated and always on track. Antiseptic. Motivation** (sometimes overly motivated). This shape gets a person to tell you when they did something that they would not otherwise have told you about (i.e., when someone takes something of yours). If you hang this shape over your doorway, and tell people what to do, they will be twice as motivated to do it, and do it twice as fast.
53	great Icosahedron	Shumann factor			This shape tunes the body to the Schumann Factor (the resonance of the planet Earth). Connects you to Gaia (Earth). It also attunes you to the grid — whatever grid you are utilizing (the grid of the chouse, the grid of ryour cash, the grid of the chair, etc.) It pulls [magnetizes, attracts, draws] logic trationality, reason] and creativity together. Is attracted to vibration. It starts the signals for change. This shape will bring to a Higher vibration of the grid. A healer. It brings in a lot of light and is especially good at combining power, light, and healing. This is a must shape for change. Any time someone wants change, they must vibrate to a new frequency. Whatever grid you are visualizing, use this shape to start the signal for change. Use it for a Spiritual Master Goal grid. Use for relationship grids. This is a good shape for Esoteric stuff. It brings you to a higher vibration with the grid. Tunes you to the grid you are using. This is a good shape to "bring you back" from other stuff to your own self. It is a good shape to use alone, brings you back to your vibration.
54	great icosidodecahedron	Washing Machine / Dry Cleaner		聯	This shape fine-tunes by picking up random magnetic and electrical energies and dissipating them. It is the ultimate filter of energies. Places emphasis on mental disease. It is a chaos clearer, washing machine, and dry cleaner. Good for things that come "out of nowhere," "out of the blue." (car accident). Activates all life forces. This shape is also good for healing someone who has ingested too much artificial sugar, or other artificial things, especially when their hormones are out of balance. Good for someone who is ill from multiple diseases or six or more things. Good for mental diseases. In blue put around people who are talking in the movie theater when you're trying to watch a movie. In olive, olive drab, or dark olive green is excellent for getting rid of environmental poisons. Healing**
55	great truncated icosahedron	Sandpaper			Like heavy grade sandpaper, this shape polishes away inappropriate growth, aggregations, and accumulations of energies (like cancer). It has the power to renovate and transform. The great truncated icosahedron is the finesser and polisher and is fine-tuned to excess and grandiosity. It puts things in their proper place, holds the plan, and takes away exaggerations. Takes stationary things away. It moves out lumps, bumps, polyps, and tumors. It also takes out fragments, as in getting rid of bone spurs and removing scars from plastic surgery. It is good for healing arthritis, eczema, bursitis, and psoriasis. Surface skin type areas. Use this on the person who has always done more, been more places, knows more than you, but has never had your experiences. Use this on someone with a "one-upmanship" attitude. "Know-it-alls" without having the experience. Healing**
56	rhombicosahedron	Double Light Worker / Corridor Guide			This shape collects light and focuses on the aspects of enlightenment. Magnifying glass. It brings lessons after a commitment and pushes at the shadow. It sets up transformation and sets up new energies for input. The rhombicosahedron moves between the physical and dimensional. It operates in all universes, and aligns you with them. It is a corridor guide and maps new territory. Loyalty, respect, gratitude, discipline – all of these add more and more light when you use this shape. This is a commitment shape. When you make a commitment it enhances it. You have to have some loyalty and commitment. This shape collects varieties of light – the light we get from consciousness, omnipotent, awareness, commitment, wisdom, etc. Light collector. This shape is not necessarily gentle. It is somewhere between pain and pleasure. Light** - a double light worker.

	A	В	С	D	E
57	great snub icosidodecahedron	Gravity			This shape creates gravity. It unifies the density of energy and pulls energies to GRAVE areas. The great snub icosidodecahedron transmits to the body where to send help. It mends cleavage and brings things up for consideration. This shape stops negative motions. Makes decisions and choices on its own. Energy wave is either energy or matter – if it matters to you, then it will manifest. Matter becomes grave or has gravity to it once you make it an excuse. (Example: "people don't like me because I am fat"). When it becomes a pattern in you and perpetuates your lifestyle, it becomes gravity. Whatever matters to you, manifests. Stops negative motions. Good for victims. Healing**
58	small stellated truncated dodecahedron	Suntan Oil			This shape blocks all waves higher than X-rays. It supersedes in intense bombardments, spins out the harmful, and draws the boundaries for outside energies. It sets laws of absorption. Like sun tan oil, this shape watches for over-exposures. Sun tan oil. The small stellated truncated dodecahedron has night vision and sees beyond the cover. Prevents (but does not stop) radiation poisoning. It is also good for blocking out the effects of high tension wires and microwaves. Sometimes good for blocking out the negative effects of chemotherapy; however, it sometimes prevents the chemotherapy from doing its work. Also good to prevent overdosing to x-ray, dental, MRI machines. Helps prevent high tension wire cancer. This is the shape that prevents all very high frequency waves from being integrated in the body. Use to ward off psychic stalking, bombardments of energy. This shape is cool with charm.
59	truncated dodecadodecahedron	3 ½ Lights (self-perpetuator)			This shape initiates the conversion of DNA messages into RNA. It is the strongest possible transistor of light (3.5 Lights). A self-perpetuating shape, it uses magical powers to bring about normal processes in perpetuity. It makes sure the Life Force stays alive. A "stickler" for detail, the truncated dodo is concerned with the communication of the plan to the smallest detail. It is the guardian of the truth, the truth of what is to be. Won't let you get loopholes of truth. If you are to be, you must be-have what you are to be. Once this shape starts, it repeats itself over and over again. This shape won't let you be out of integrity. Use this grid for clarity, integrity, and choice. If you want to know what is going on when you walk into an energy and you don't understand it, this will bring light to the situation.
60	inverted snub dodecadodecahedron	Umpf / Cheerleader #2			This shape accentuates and gives "umpf" to dimensions used in the body. It provides energy and shows where the surplus will function. It cuts through emotions to joy and aids the force of spontaneity. The inverted snub dodecadodecahedron listens to higher guidance. It creates intense magnetic fields and builds temporary conduits. A cheerleader. (Well being, looks good, cheerleader behind you supporting you.) This shape emanates generosity and brilliance. If you see someone you really like who is not paying attention to you, put it around yourself. Put this shape around yourself to find a mate. An important shape to use when something has worth or value and you are not in a state of consciousness to appreciate or see the value of what is being presented. Use with any healing tool. Works well with DI. Use this shape whenever you are feeling apathetic or bored, especially in shades of pink to cheer you up.
61	great dodecicosidodecahedron	Supply Boss			This shape is a clotter; it naturally clumps and reclumps things together. (Example: In urine, you can see the vitamin C clumped together; also in sweat; sometimes you can see it in vaccines). It also breaks things up. It requires instructions on whether it is to clot or to break up something. The great dodecicosidodecahedron is a supply boss and a bank – it creates pockets to store substances for use or disposal at a later time. It is a storage and septic tank builder, as well as a road changer. Good to use when people are bleeding. People with lots of this shape had flashbacks after LSD or acid; they stored it in their field. This shape is an asset when it stores energy, vitamins, etc. It is a liability if you store toxins. Be careful with this shape - doesn't differentiate between storing the negatives and the positives. This shape is also a mover. If you put a lot of energy into being something and it didn't work (book unpublished), use this shape 14 times in a grid and suddenly it happens. (e.g., book is published.)
62	small dodecahemicosahedron	Jack of All Trades		4	This shape works with energy meridians in the body (inside and outside the acupuncture system). Works especially good in subtle bodies. It gives flexibility to energy. A road maker and carrier (like licorice or goldenseal), the small dodecahemicosahedron aligns transportation as the power goes deep into the system of all areas of body. This shape allows the plan to adapt between the healee and spirit or healee and healer. This shape allows for creativity and personality to have input in the plan. It relates to a full spirit and is great for interactions. Use if you don't know what therapy to follow. It makes everything work well together. Like in a job, when you need to work with people and get along. It lets people do more than they're asked to do, give more, and go above and beyond the call of duty and like doing it. Great shape for acupuncturists & pressure point massage. Good shape for EVERY grid, healing and esoteric. Goals**
63	great dodecicosahedron	Inspector General			This shape shows all completed levels, whether they be physical or energetic. It is the holder of the Plan. The great dodecicosahedron is the inspector waiting to put into work what is incomplete. It shows what is done and what is not done. It shows all completed levels and brings spiritual abstractions in for a comparison with the plan. Adds power. It is excellent for diagnostics. This shape could be called the "inspector General". It is a wake up. "Oh my God! I forgot to work on the feet!" or "I forgot to do this or that." This shape works very quickly and seems to flow pretty well for itself. It works very well any place in the grid (except for grids for people who are anal retentive or perfectionists, then don't use it in the anchors or target). Good to use at end of grid. Not very good with psychic projects. Good when working with emotional, spiritual, mental, physical issues, when you know something is wrong, you know the level, but you can't get the details. Shows all completed levels, not all levels. Very fast, flows pretty regular, adds power, discernment, diagnostics.

	Α	В	С	D	E
64	great snub dodecicosidodecahedron	Wake Up Shape			This shape takes chaos into order. It puts emphasis on natural laws. The natural law of the Universe is change. Herbs, aromatherapy, crystal mud packs use natural laws. The primary focus of the great snub dodecicosidodecahedron is creation of programs that follow the plan. It has little respect for patterns and little concern with appearances. (need to use beauty shape #71 with it). It shows appreciation for the perfection of forms. A builder, not a healer. This shape comes in after car accidents or when people make new life changes. When someone is in car accident or hurt for no reason or house burns down, this shape comes in. This shape can sometimes be called a "wake-up" shape – for people who are living in chaos and don't know it. This is used when people are giving away too much. (Example: spend 125% of money, time or energy). This shape gives you the relief of starting over. If you don't move through things, this shape will keep you moving. Have to keep moving and changing.
65	great dodecahemicosahedron	Breakdown to Breakthrough			It creates breakthrough after breakdown. The great dodecahemicosahedron eliminates structures we have outgrown and accelerates the process. Adamant about the new plan, this shape interferes and enforces change where it is needed. It is a destroyer, not a healer (it is sharper than it looks, has deep, 6 star scoops - it is uncomfortable). It destroys order into chaos to a newer level of order. It goes from breakdown to breakthrough. Where your system or an energy system has accommodated a dysfunctional energy, this breaks up that structure (it un-accommodates you; you don't want heartburn, but will get diarrhea instead.) Old stuff holds old energy. When you give all the dishes away or all your clothes away in preparation for your next level, you are using this shape. It will make you give your stuff away to move you to a new level. This is also a Wake Up shape. It wakes you up to reality. It wakes you up to the next level. Hectic – takes things from normal and nice to hectic.
66	great stellated truncated dodecahedron	Original Cause			This shape intuitively guides energies to the appropriate place. It tells energy when to convert to matter. Almost psychic. The great stellated truncated dodecahedron has serious density. It opens up new uses for energy. This shape has very specific proportions and is very detailed in action. Overuse of the great stellated truncated dodecahedron is toxic. Works with fluids (water element), especially semen. This will work for healing premature ejaculation when the cause is emotional (i.e., not mental). It is also good for low sperm count to increase it. Cuts off the energy supply to the harmed areas; the disease or pain can no longer survive because it has no energy. Cuts off food supply to disease, so easier to work on. Use this for just about any disease. It will show you what the real cause is, when you don't know where to start, heals the original cause.
67	great rhombicosidodecahedron	Winnie-the-Pooh / Lifter			Works on quantum levels. This shape lifts accumulated exothermic and subatomic energies (photons, i.e. Where energy becomes matter; ectoplasm; endomorphic energies; subatomic particles) to or from Source and whatever is being worked on. It combines [unites, unifies, synthesizes, incorporates, merges, amalgamates, compounds, fuses, consolidates, intermingles, coalesces] unknown energies with known energies. It will take care of the cancer, not the little things like swollen glands. Only works what you are working on. The shape has lots of little "scoops" and holes where energy can be put. This shape is a healer. It combines healing with love. Use in conjunction with aromatherapy, crystals, homeopathic remedies, or acupuncture the first few times of treatment to integrate it. Almost a psychic healer. It lifts off things you don't want before they can happen. Helps you change thoughts once you have said them to counteract the energy - lifts off unguarded thoughts. It lifts off the heavy feeling of paranoia and persecution.
68	great truncated icosidodecahedron	All-Star Miracle Maker / Concrete			This shape is otherwise known as "Concrete". Strong! It takes care of microscopic details and enhances the precision of the plan. It is exacting in the details and layout. All faces in shape – where everything gets perfected. The great truncated icosidodecahedron combines force, energy and matter perfectly. It shows the Divine in the material and brings the energy of beauty alive. This shape is a miracle maker and miracle worker. Combines mastery as a double star, power, light, healing, and love all together. This shape is great for people who don't "get it." Anything unlike what a person wants to be comes up, so some chaos can come up. Anything not in mastery will come up for you. It shows every piece of the pattern, gently with love, cuts pieces up and puts the pieces back together. This shape does things with love and is non-confrontational, though it is intense. Can cause exactly what you don't want. This is a very strong shape (hence, "Concrete"). It is almost a king of strength. It is one of the strongest shapes we have. It is a great shape for targets and anchors.
69	great inverted snub icosidodecahedron	Exterior Decorator			This shape refines energies. It changes vibrations to be smoother, slower, softer, calmer, gentle, moderate and full. Like a beauty shop, the great inverted snub icosidodecahedron hides and enhances. It makes things look good. It attaches energy to the flow. Use the great inverted snub icosidodecahedron on spots where you want hair to grow back. It can also be used on eyebrows, eyelashes, patches of skin and nails. It hides emotions from your voice if you are annoyed and are talking to someone important. Use it on a resume where you leave a job off. The shape can be put in food for bullimics and cancer patients who don't eat. It hides weight, is a great beauty pageant shape to look good. This shape changes how an energy looks, not how it is.
70	great dodeca hemidodecahedron	Powerful Grace		*	This shape gently configures polarities. The great dodecahemidodecahedron creates step-by-step action and cautious linear action. It has laborious patience. This shape acts after verification. It radiates wisdom and politeness. A mental and emotional healer – not physical healer. The great dodecahemidodecahedron is very good with \$children. Use this shape when you are studying, learning new things, taking a test (to double-check it), for emotional processing – anger work, for reading the Alice Bailey material. (you have to use all 3 minds to get what she's got. Put shape on the books and on the 3rd eye to 'get' information.) Use this one with angry crowds. The words "powerful grace" can be used to describe this shape. Use when you want to present yourself or your paperwork with grace.

	Α	В	С	D	E
71	great icosihemidodecahedron	Beauty Pageant / Youthing Shape		*	This shape amplifies results. It shows the governing energies, and shows energy as dominant. The great icosihemidodecahedron makes the bland dynamic. It creates intensity and magnification. This shape puts things in center of attention. It sometimes gets you more than what you put in (put in \$10 for food, get \$15 worth of food). It is great for a Cash grid. You get what you want, not what you need. Spirit gives you what you need. This is the shape for youthing. It is also the "beauty pageant" shape. Pageant winners use this shape. This is the shape a lot of the old cars in Mexico and trains in Africa have; shape of cars barely held together, but still running. This is a great shape to put on antiques to sell them. You often see this shape in the flea market. A great patch. It is an aura healer and subtle body healer, especially in the physical, mental, and emotional bodies. After you release a tumor, it patches up the holes in the energies. The "boo-boo" shape – anytime kids get a "boo-boo," use this shape. Use it for any PEMS hurts.
72	small retrosnub icosicosidodecahedron	Empowerment		**	God form shape. This shape empowers results, enhances results, or gives stability to results. It moves to higher levels and reveals what is not seen. The small retrosnub icosicosidodecahedron anchors in opinions. It gives respect. This shape opens up to higher knowledge and grabs wisdom. It is a magnet for power. This shape attracts more. It glows. This shape is full of power. Great to use in God Form grids. Points out things. Cupid's arrow. Use this shape for small countries, large kingdoms, and plans. (political plans, environmental plans). Use this shape to put equity in the country or company, to give the power back to the people, and to have your opinion matter. This is a cost-effective shape. It is the efficiency shape, to make the results more efficient.
73	great rhombidodecahedron	Responsibility / Quick Change Artist / Re- blueprint			B.S. cutter. This shape re-blueprints results for the Highest Good. It is an improviser and a quick change artist. The great rhombidodecahedron keeps you on your toes. It moves away from failure. This shape can run any energy. It opens up easily to disguise. It is makeshift and creates temporary patches. This shape cuts through B.S. to mastery. It is not being slick (New York tap-dancing). It changes slick to Truth. Good for stockbrokers and quick-change artists. Pictures in your head are ego pictures. The pictures that manifest results are the responsibility pictures, the ones that show you being responsible. (Example: Ego picture – see yourself looking good driving your new car. Responsibility picture – see yourself writing check for car, washing car, maintaining car.) This shape gives you the picture of what you need to do to get this. Use this on perpetual excuse people – people who find excuses not to pay, not to stretch in their life, excuses for being ill.
74	great retrosnub icosidodecahedron	The Extender		*	This shape gives long-lasting capacity to results. It makes results so good "you can write a written guarantee on it." It extends lives. The great retrosnub icosidodecahedron spreads energy in perfect amounts; it makes do with what it has. This shape gives rise to unseen energies. A rebel, it does NOT follow the plan (God's, the grid's, yours). It finds a different way to get things done, sometimes in a unique and strange way. Use this for old people. It extends the life function of antibiotics or herbs; if you have only two left, it makes it last longer. When you are stuck in the desert with no food or water, drink your urine and use this shape. When you get hungry, you can make your hunger go away by using this shape. If someone is dying and you need to get them to the hospital, use this shape in green so they will last and retain their energy to get them to the hospital. Do not use in relationships – you could become codependent with the person. The person will lose or quit their job (the plan) to stay with you, etc.
75	great dirhombicosidodecahedron	Miracle Worker / Self- Perpetuator			This shape creates self-perpetuation of results. Whatever you want to keep going. The great dirhombicosidodecahedron is a MIRACLE WORKER. Self-perpetuator. This shape is excellent to use after a healing, for the person to take the healing home with them. This is the Eveready Bunny shape; it keeps going and going and going. If you become healed, you stay healed. This is a multi-level worker. If you put this shape in any one of the anchors, the grids usually last longer and work stronger. For any generalized grid, it keeps the grid working and brings things to multi-level. When finished working in one area, starts working on another. Good to use one or more in any grid. Any unexpected energies will be resolved the next time you work through it. Every time you go through this shape you'll get higher, better, and more. (Moves you through on a Higher level every time you use it.) This shape is a lesson and an answer at the same Time.
76	pentagonal prism				Use this shape in white or gold. This coffin-shaped box seals things into it – bacteria, viruses, etc. This shape contains. Use it when someone has a cold or flu – everyone has a germ or cancer in their body, it is our vibration that lets us catch it or not – the pentagonal prism makes you not catch it. Use it for man-made diseases. This shape is the "anti-oxidant" of the polyhedra. Anything that will put you in a coffin, this shape will pick up and flush out of your body –or – it will keep it in the box so it cannot be used. It has been used to contain a demonic spirit. Put things you want to hide inside something white. White reflects everything – use it when you want to hide something. [Do NOT hide money in gold, only white.] Use this shape with caution – it can take away things. Do not use the pentagonal prism in a life purpose grid, as it would shut it down and split the light that the person's supposed to be manifesting.
77	pentagonal antiprism				Use this shape in white or gold. This shape is for preventing the distribution or circulation of man-made diseases (e.g., Level IV or V contamination of Ebola, AIDS, gossip, etc.). This is a good containment energy that knows the difference between good and bad energies. An antiprism takes the different colored lights and puts them back into clear lights. It contains migration patterns. Use for gangrene, leprosy, and other rare diseases where pieces of the body falls off (but its not leprosy). Use for biological and chemical warfare agents. Also use for anthrax. To prevent anthrax from spreading, and for all biological and chemical warfare agents, nerve gas, mustard gas, etc.: use gold all the way across in both spectrum stabilizers. Pepper with white in one or two columns. Follow with a grid to strengthen the lymphatic system. Between shapes 77, 78, 79 and 80, can make it through biological warfare. Can use in different colors. Use for fame and fortune in writing a book and/or public speaking. Good for containment of energy. Pink will not work with this shape. Do not use with black or browns. Can consider using green and yellow.

		A	В	С	D	E
;	78	pentagrammic prism				Prisms split light and take away intention. This prism is a straight star. They are good to use when healing the results of scientific experiments, toxic dumps, and any disease which is man-made. Gets rid of toxic mothering. This breaks/heals the results of the "parent" upon the "child." Can be used with companies. When whoever owns the company is moody or a jerk – the company will run on the energy of the owner and everyone will take on the energy of the owner (flows down to the people), and they will be like the owner. Good to use when you buy a used car, used house, antiques, or anything with a previous owner. It clears the negative energy (anti-negative energy). It will show you a way to get through red tape. Put in anchors for a new house, car, company, antiques. Use caution – it can take away things. Takes away intention. Do not use the pentagrammic prism in a life purpose grid, as it would shut it down and split the light that the person's supposed to be manifesting. Use for contrails. Use in white or gold.
;		pentagrammic Antiprism			4	This shape is Spirit in man reshaped (but not twisted); double thickness in between face of stars. Use when there are things that are hidden; it finds hidden things. Hiding money. Use this to look to find hidden disease. Use to observe things that are not in the PEMS planes – i.e., the etheric, causal, etc. Use this to adjust things that are not on the PEMS. Every time you break something big (a crystal snaps, you break a glass, an animal dies) a big pattern breaks (goes with them). The middle of this shape is where things get processed – the X-factors (where things happen, not in dimensions). A very magical shape. Fame and fortune. Use in white or gold in anchors of the grid for energy vampires. Gold if good intentions, white if on purpose. Animals that are very attached to people sometimes take on their owner's disease and choose to die for them. Use in gold to make these animals comfortable with their decision to take on disease and make it easier on them. This shape is also used for people who take on your disease. The shifts seem to happen without anything happening out there. Use gold in this shape to break a spell, and make a spell.
\$		pentagrammic crossed antiprism			*	Used in white and black magic. These are the highest shapes. This shape is a star that is twisted. A star is on both sides. This represents human body into Spirit body. This represents physical in spirit and spirit in physical with very little process. It stays the same with a twist. An idea turning it into material/physical plane goods. Use when there are grave injustices done. One of two things happen: either the person is screwed because it's karmic, or the situation turns itself around magically within 3 to 13 days. This shape has something to do with twins. Include. For people who are conning themselves and think they are more than they are. It gives them a twist to see how they really are and how sick they are not. A prism splits the light and shows you the light in different ways. This shape is fame and fortune with a twist. (Unique like Michael Jackson or Madonna). Prisms are Spirit in the flesh. White or gold usually guarantees that you cannot screw up. Use when you think all your stuff has been worked out around an issue and you're still not getting results. Use when things seem impossible, in your reality, in dealing with my self things. Relates to a lot of people who've done a lot of work.

Notes

C1: Source

en.wikipedia.org/wiki/Main_Page

D1:

Source

www.mathconsult.ch/